

# NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW PROTECTED HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The effective date of this privacy notice is **June 1, 2018**, and replaces earlier versions.

## ABOUT THIS NOTICE

This Notice tells you about the ways we may use and disclose protected health information about you. It also describes your rights and certain obligations we have regarding the use and disclosure of your protected health information. We are required by law to:

- maintain the privacy of your protected health information;
- notify you of any breaches of your unsecured protected health information;
- give you this Notice describing our legal duties and privacy practices with respect to your protected health information; and
- follow the terms of our Notice that are currently in effect.

This Notice, and all applicable forms referenced herein, are available by contacting the Local Privacy Officer or accessing the facility's website.

## DEFINITION OF TERMS

When we say "you" in this Notice, this refers to the patient or resident who is the subject of the protected health information. When we say "we", "our", or "us", this refers to one or more of our senior living facilities listed at the end of this Notice.

## WHO WILL FOLLOW THIS NOTICE?

The privacy practices described in this Notice will be followed by all health care professionals, employees, clinical staff, trainees, students, volunteers, and business associates of our organization and our senior living facilities listed at the end of this Notice.

## HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION

When we are permitted or required to use or disclose your protected health information without obtaining your authorization or giving you an opportunity to object. The following sections describe the purposes for which we are permitted or required to use or disclose your protected health information without obtaining your prior authorization and without offering you an opportunity to object.

**For Treatment & Services.** We may use and disclose your protected health information to provide you with health care treatment or services. We may disclose protected health information about you to doctors, nurses, technicians, students, or other personnel involved in taking care of you. For example, a doctor treating you for a broken leg may need to know if you have diabetes because diabetes may slow the healing process. In addition, we may need to tell our facility's dietary services if you have diabetes so we can arrange for appropriate meals. We may also share protected health information about you with our other personnel or outside health care providers, agencies, or facilities in order to provide or coordinate the different things you need, such as prescriptions, lab work, and x-rays. We may also disclose protected health information about you to people outside of our senior living facilities who may be involved in your continuing care after you leave us, such as other health care providers, transport companies, community agencies, and family members.

**For Payment.** We may use and disclose your protected health information to others for purposes of receiving payment for treatment and services you receive. For example, a bill may be sent to you or a third-party payor, such as an insurance company, a health plan, or Medicare/Medicaid. The information on the bill may contain information that identifies you, your diagnosis, and treatment, or supplies used in the course of the treatment and services you receive.

**For Health Care Operations.** We may use and disclose your protected health information for our operations purposes. These uses and disclosures are generally made for quality of care and training. Your protected health information may also be used or disclosed to comply with laws and regulations, accreditation purposes, patients' and residents' claims, grievances or lawsuits, health care contracting relating to our operations, legal services, business planning and development, business management and administration, the sale of all or part of our senior living facilities to another organization, underwriting and other insurance activities, and to operate our senior living facilities. We may also disclose information to doctors, nurses, technicians, clinical and other students, and our personnel for performance improvement and educational purposes. For example, we may compile your protected health information, along with that of other individuals, in order to allow a team of our staff members to review that information and make suggestions concerning how to improve quality of care provided by us.

**To Business Associates.** We may disclose your protected health information to our business associates that perform functions on our behalf or provide us with services if the information is necessary for such functions or services. For example, we may use another company to perform billing services on our behalf.

**For Research.** We may use and disclose your protected health information for research purposes when an institutional review board or privacy board that has reviewed the research proposal and established protocols to ensure the privacy of your protected health information has approved the research.

**For Limited Data Sets.** Federal law allows us to create a "limited data set" - a limited amount of protected health information from which almost all identifying information, such as your name, address, Social Security number, and medical record number, has been removed - and share it with those who have signed a contract promising to use it only for research, health oversight, and health care operations purposes and protect its privacy.

**As Required By Law.** We may use and disclose your protected health information when required to do so by federal or state law.

**To Avert a Serious Threat to Health or Safety.** We may use and disclose your protected health information when necessary to prevent or lessen a serious and imminent threat to your health and safety or the health and safety of the public or another person. Any disclosure would be to help stop or reduce the threat.

**To the United States or a Foreign Military.** If you are a member of the armed forces, we may disclose your protected health information to military authorities as authorized or required by law. We may also release protected health information about foreign military personnel to the appropriate military authority as authorized or required by law.

**For Public-Health Disclosures.** We may use and disclose your protected health information for public-health purposes. These purposes generally include, but are not limited to, the following:

- preventing or controlling disease (such as tuberculosis), injury, or disability;
- notifying a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition;
- reporting vital events, such as deaths;
- notifying the appropriate authority as authorized or required by law if we believe a patient or resident has been the victim of abuse, neglect, or domestic violence; or
- to report reactions to medications or problems with products.

**For Health-Oversight Activities.** We may disclose your protected health information to governmental, licensing, auditing, and accrediting agencies as authorized or required by law, such as Medicare/Medicaid (CMS) and the Office of the Inspector General (OIG).

**For Legal Proceedings, Lawsuits, and Other Legal Actions.** We may use and disclose your protected health information to courts, attorneys, and court employees when we get a court order, subpoena, discovery request, warrant, summons, or other lawful instructions from those courts or public bodies and in the course of certain other legal, judicial, or administrative proceedings, but only to the extent permitted and in compliance with all associated requirements.

**To Law Enforcement.** If asked to do so by law enforcement, and as authorized or required by law, we may disclose protected health information:

- to identify or locate a suspect, fugitive, material witness, or missing person;
- about a suspected victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
- about a death suspected to be the result of criminal conduct;
- about criminal conduct at any of our senior living facilities; and
- in case of a medical emergency, to report a crime, the location of the crime or victims, or the identity, description, or location of the person who committed the crime.

**To Coroners, Medical Examiners, and Funeral Directors.** We may disclose your protected health information to coroners, medical examiners, or funeral directors so they can carry out their duties.

**For National-Security and Intelligence Activities.** As authorized or required by law, we may disclose your protected health information to authorized federal officials for intelligence, counterintelligence, and other national-security activities.

**For Protective Services for the U.S. President and Others.** As authorized or required by law, we may disclose your protected health information to authorized federal officials so they may conduct special investigations or provide protection to the U.S. president, other authorized persons, or foreign heads of state.

**About Inmates.** If you are an inmate of a correctional institution or under the custody of law enforcement officials, we may disclose your protected health information to the correctional institution as authorized or required by law.

**For Organ/Eye/Tissue Donation.** If you are an organ, eye, or tissue donor, we may disclose your protected health information to organizations that handle organ procurement or organ, eye, or tissue transplantation or to an organ donation bank, as necessary, to facilitate organ, eye, or tissue donation and transplantation.

When we are required to give you notice or an opportunity to object in order to use or disclose your protected health information. We may use and disclose your protected health information for the following purposes. However, except in emergency situations, we will inform you of our intended action prior to making any such uses and disclosures and will, at that time, offer you the opportunity to object.

**For Our Facility Directory.** If you are a patient or resident of one of our senior living facilities, we may include certain limited information about you in our facility directory. This is so family, friends, and clergy can visit you in one of our facilities and generally know how you are doing. This information may include your name, location in the facility, your general condition (e.g., fair, serious, etc.), and your religious affiliation. The directory information, except your religious affiliation, may also be released to people who ask for you by name. Your religious affiliation may be given to members of the clergy, such as ministers or rabbis, even if they don't ask for you by name. If you object to this information being included in our facility directory, you have the option to "opt-out." Please notify the Local Privacy Officer and complete the necessary form.

**For Care and Notification Purposes.** We may disclose to your relatives or close personal friends or other individuals you identify any protected health information that is directly related to such person's involvement in the provision of, or payment for, your care, and we may also do so if you become deceased. We may also use and disclose your protected health information for the purpose of locating and notifying your relatives, close personal friends, or personal representative of your location and general condition or death, and to organizations that are involved in those tasks during disaster situations. If you object to the foregoing, you have the option to restrict our uses and disclosures of your protected health information. Please notify the Local Privacy Officer to complete the necessary form.

## YOUR RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION

Your protected health information is our property. You have the following rights, however, regarding protected health information we maintain about you.

**Right to Inspect and Copy.** With certain exceptions (such as psychotherapy notes, information collected for certain legal proceedings, and protected health information restricted by law), you have the right to inspect and/or receive a copy of your protected health information as long as we maintain that information. Your request must be submitted in writing to the Local Privacy Officer for the facility that maintains your records. Please contact the Local Privacy Officer to complete the necessary form. We may charge you a reasonable fee for copying your records.

We may deny your request, under certain circumstances, such as if we believe it may endanger you or someone else. You may request that we designate a licensed health care professional to review the denial.

**Right to Request an Amendment or Addendum.** If you feel that protected health information we have about you is incorrect or incomplete, you may ask us to amend the information or add an addendum (addition to the record). You have the right to request an amendment or addendum for as long as the information is kept by or for us. Your request must be submitted in writing to the Local Privacy Officer for the facility that maintains your records.

If we accept your request, we will tell you we agree and we will amend your records. We cannot take out what is in the record. We add the supplemental information. With your assistance, we will notify others who have the incorrect or incomplete protected health information.

If we deny your request, we will give you a written explanation of why we did not make the amendment and explain your rights. We may deny your request if the protected health information:

- was not created by us (unless you provide us a reasonable basis to believe the person or entity that created the protected health information is no longer available to respond to your request);
- is not part of the health and billing records kept by or for us;
- is not part of the information which you would be permitted to inspect and copy; or
- is determined by us to be accurate and complete.

**Right to an Accounting of Disclosures.** You have the right to receive a list of the disclosures we have made of your protected health information for the previous six years. Your request must be submitted in writing to the Local Privacy Officer for the facility that maintains your records. This list will not include disclosures made:

- to carry out treatment, billing, and health care operations;
- to you or your personal representative;
- incident to a permitted use or disclosure;
- to parties you authorize to receive your protected health information;
- to those who request your information through the facility directory;
- to your family members, other relatives, or close personal friends who are involved in your care, or who otherwise need to be notified of your location, general condition, or death;
- for national security or intelligence purposes;
- to correctional institutions or law enforcement officials; or
- as part of a "limited data set."

You must state the time period for which you want to receive the accounting, which may not be longer than six years. The first accounting you request in a 12-month period will be free. We may charge you for responding to any additional requests in that same period.

**Right to Request Restrictions.** You have the right to request a restriction or limitation on the protected health information we use or disclose about you for treatment, payment, or health care operations. You also have the right to request a limit on the protected health information we disclose about you to someone who is involved in your care or the payment for your care, such as a family member or a close personal friend. For example, you could ask that we not disclose information to a family member about a treatment you had or a service you received at one of our facilities.

Your request for a restriction must be submitted in writing to the Local Privacy Officer for the facility that maintains your records. Please contact the Local Privacy Officer to complete the necessary form.

We are not required to agree to your request unless you or someone on your behalf paid for the services in full out-of-pocket, the protected health information pertains solely to such services, and the disclosure is for our payment or health care operations and is not otherwise required by law. If we do agree, our agreement must be in writing, and we will comply with your request unless the information is needed to provide you emergency treatment or we are required by law to disclose it. We are allowed to end the restriction if we tell you. If we end the restriction, it will only affect protected health information that was created or received after we notify you.

**Right to Request Alternate Communications.** You have the right to request that we communicate with you about health matters in a certain way or at a certain location. For example, you may ask that we contact you only at home or only by mail. Your request must be submitted in writing to the Local Privacy Officer for the facility that maintains your records. Please contact the Local Privacy Officer to complete the necessary form.

If you want us to communicate with you in a special way, you will need to give us details about how to contact you, including a valid alternative address. You also will need to give us information as to how billing will be handled. We will not require you to explain why you want this special way of communicating. We will honor reasonable requests. However, if we are unable to contact you using the requested ways or locations, we may contact you using any information we have.

**Right to Request a Disclosure.** You have the right to request that we disclose your protected health information for reasons not provided in this Notice. For example, you may want your lawyer to have a copy of your medical records. Your request must be submitted in writing to the Local Privacy Officer for the facility that maintains your records. Please contact the Local Privacy Officer to complete the necessary form. You may revoke an authorization to disclose at any time by written notice. Please contact the Local Privacy Officer to complete the necessary form.

**Right to a Paper Copy of This Notice.** You have the right to a paper copy of this Notice. You may ask us to give you a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are still entitled to a paper copy of this Notice. Copies of this Notice will also be available throughout our senior living facilities or by contacting the Local Privacy Officer. You may also obtain an electronic copy at the facility website.

## OTHER USES OF PROTECTED HEALTH INFORMATION

Most uses and disclosures of psychotherapy notes, uses and disclosures of protected health information for marketing purposes and disclosures that constitute a sale of protected health information require your written authorization. Other uses and disclosures of protected health information not covered by this Notice will be made only with your written authorization. If you provide us authorization to use or disclose protected health information about you, you may revoke that authorization, in writing, at any time. However, uses and disclosures made before your revocation are not affected by your action. If your revocation relates to research, researchers are allowed to continue to use the protected health information they have gathered before your revocation if they need it in connection with the research study or follow-up to the study.

## OUR RIGHT TO CHECK YOUR IDENTITY

For your protection, we may check your identity whenever you have questions about your treatment or billing activities. We will check your identity whenever we get requests to look at, copy, or amend your records or to obtain a list of disclosures of your protected health information. Forms for each of these requests will be available from our departments that handle medical records, as well as from the Local Privacy Officer. The forms are also available on our facility website.

## ORGANIZATIONS THAT WILL FOLLOW THIS NOTICE

A chart of our senior living facilities that will follow this notice is available upon request of the Local Privacy Officer. This information is organized by the states in which we operate. We may update this information from time to time.

## FUTURE CHANGES TO OUR PRIVACY PRACTICES AND THIS NOTICE

We reserve the right to change our privacy practices and this Notice. We reserve the right to make the revised or changed Notice effective for protected health information we already have about you as well as any information we receive in the future. We will post a copy of the current Notice on our website. In addition, at any time you may request a copy of the Notice currently in effect.

## COMPLAINTS

If you believe your privacy rights have not been followed as directed by federal regulations and state law or as explained in this Notice, you may file a written complaint with us. Please send it to the Local Privacy Officer for the facility that maintains your records.

You may also file a written complaint with the U.S. Department of Health and Human Services, Office for Civil Rights ("OCR"), by sending it by mail or fax to the OCR regional office for the state where the alleged violation took place.

The contact information for the OCR regional offices can be found at <http://www.hhs.gov/ocr/office/about/rgn-hqaddresses.html>.

A written complaint may also be filed with the OCR electronically at <http://www.hhs.gov/ocr/privacyhowtofile.html>.

You will not be penalized for filing a complaint in good faith.

## QUESTIONS

If you have any questions or would like further information about this Notice, please contact the Local Privacy Officer, the Executive Director, for the facility that maintains your record, or you may contact:

Privacy Officer  
Eclipse Senior Living  
5885 Meadows Rd, Suite 500  
Lake Oswego, OR 97035

Phone: 844.657.2606

